



BISHOPSWOOD SCHOOLS FEDERATION
The Orchard
Menu
Week 1

w/c :-
 04/09/23 / 02/10/23 / 06/11/23 / 04/12/23

Day	Breakfast	After School
Monday	Toast (with a choice of butter and/or jams) Cereals Water or Juice	Pasta in tomato sauce Fruit
Tuesday	Pancakes/Muffins (with a choice of butter and/or jams) Cereals Water or Juice	Hot Dog in a Roll Vegetable sticks Vegetable Goujons in a Roll
Wednesday	Toast (with a choice of butter and/or jams) Cereals Water or Juice	Make your own Pitta (Ham/Cheese) Crisps
Thursday	Pancakes/Muffins (with a choice of butter and/or jams) Cereals Water or Juice	Cheese Pizza Vegetable Sticks
Friday	Toast (with a choice of butter and/or jams) Cereals Water or Juice	Fruit Loaf (with a choice of butter, jams or cheese) Fruit

Please note :
Fruit and water/juice will be available at all times
*If your child doesn't like any particular option, please let us know in
 advance and we can prepare an alternative*



BISHOPSWOOD SCHOOLS FEDERATION

The Orchard

Menu

Week 2

w/c :-

11/09/23 / 09/10/23 / 13/11/23 / 11/12/23

Day	Breakfast	After School
Monday	<p>Toast (with a choice of butter and/or jams) Cereals Water or Juice</p>	<p>Chicken Nugget pitta Vegetable sticks Vegetarian Nugget pitta</p>
Tuesday	<p>Pancakes/Muffins (with a choice of butter and/or jams) Cereals Water or Juice</p>	<p>Make your own wraps Crisps</p>
Wednesday	<p>Toast (with a choice of butter and/or jams) Cereals Water or Juice</p>	<p>Burger in a roll Fruit</p>
Thursday	<p>Pancakes/Muffins (with a choice of butter and/or jams) Cereals Water or Juice</p>	<p>Large Sausage Roll Vegetable sticks Cheese & Onion (Sausage) Roll</p>
Friday	<p>Toast (with a choice of butter and/or jams) Cereals Water or Juice</p>	<p>Pasta in tomato sauce Fruit</p>

Please note :

Fruit and water/juice will be available at all times

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BISHOPSWOOD SCHOOLS FEDERATION
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Menu
Week 3

w/c :-
 18/09/23 / 16/10/23 / 20/11/23

Day	Breakfast	After School
Monday	Toast (with a choice of butter and/or jams) Cereals Water or Juice	Chicken Goujon Wrap Vegetarian Goujon Wrap
Tuesday	Pancakes/Muffins (with a choice of butter and/or jams) Cereals Water or Juice	Make your own Roll (Ham/Cheese/Jam) Crisps
Wednesday	Toast (with a choice of butter and/or jams) Cereals Water or Juice	Pitta Pizza
Thursday	Pancakes/Muffins (with a choice of butter and/or jams) Cereals Water or Juice	Hot dog sausages & waffles Vegetable Goujons & waffles Vegetable sticks
Friday	Toast (with a choice of butter and/or jams) Cereals Water or Juice	Garlic Bread slices Vegetable sticks

Please note :
Fruit and water/juice will be available at all times

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BISHOPSWOOD SCHOOLS FEDERATION



The Orchard

Menu

Week 4

w/c :-

25/09/23 / 30/10/23 / 27/11/23

Day	Breakfast	After School
Monday	<p>Toast (with a choice of butter and/or jams) Cereals Water or Juice</p>	<p>Fish finger Pitta Vegetable sticks Vegetable finger Pitta</p>
Tuesday	<p>Pancakes/Muffins (with a choice of butter and/or jams) Cereals Water or Juice</p>	<p>Bagels and cream cheese Vegetable sticks</p>
Wednesday	<p>Toast (with a choice of butter and/or jams) Cereals Water or Juice</p>	<p>Large Sausage Roll Vegetable sticks Cheese & Onion (Sausage) Roll</p>
Thursday	<p>Pancakes/Muffins (with a choice of butter and/or jams) Cereals Water or Juice</p>	<p>Crackers & cheese Crisps Fruit</p>
Friday	<p>Toast (with a choice of butter and/or jams) Cereals Water or Juice</p>	<p>Make your own wrap (cheese/ham/jam) Crisps</p>

Please note :

Fruit and water/juice will be available at all times

If your child doesn't like any particular option, please let us know in advance and we can prepare an alternative